



UCAT

UNIVERSITY CLINICAL  
APTITUDE TEST

2025

Preparation  
Calendar



# May

I first began by reading into the general background of the test, such as what it consisted of, how long the test was etc. I found the website was really helpful for this.

## To do this month:

- [Create an account](#)
- [Apply for Access Arrangements](#) (if applicable)
- [Apply for a UCAT Bursary](#) (if eligible)
- [Check out the UCAT Essentials Page](#)

Create your account early so you have your candidate ID and are ready for booking. You will need your candidate ID if you want to apply for a bursary or access arrangements.

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	<b>13</b> Account creation opens  Applications open for Bursary and Access Arrangements	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## Candidate ID:

Make a note of your Candidate ID here:

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# June

Devise a weekly UCAT preparation timetable. Identify your weaknesses and write down exactly what you plan to do to meet your objectives.

## To do this month:

- ☐ Make a preparation plan
- ☐ Book your test

We strongly recommend booking a test date early in the testing window. If you choose to book a late test date and then miss your test appointment for any reason, you may not be able to rebook within the testing window.

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 Booking opens	18	19	20	21	22
23	24	25	26	27	28	29
30						

# How to prepare

The suggested plan below is based on the preparation strategies of previous high performing candidates. It is important to develop a personalised study plan which works for you. You should use the free official resources on our website to support your preparation.

It is not necessary to purchase additional preparation materials to score well on the UCAT. Only the free official UCAT resources on our website have been developed by the team who develop the live test. These materials will be most representative of the test you will sit.

Weeks until test	Goal	Resources Checklist
6+ weeks to go	Develop a personalised study plan and become familiar with the format of the UCAT.	<ul style="list-style-type: none"><li>○ <b>Preparation Plan</b></li><li>○ <b>Candidate Advice</b></li><li>○ <b>Tour Tutorial</b></li><li>○ <b>Test Tools</b></li></ul>
4-5 weeks to go	<p>Familiarise yourself with the UCAT question types and try practise questions for each subtest.</p> <p>Develop transferable skills to help you in each subtest.</p>	<ul style="list-style-type: none"><li>○ <b>Question Tutorials</b></li><li>○ <b>Question Banks</b></li><li>○ Read articles to develop your speed reading and critical reasoning skills</li><li>○ Brush up on your maths skills to save time</li><li>○ Refer to the GMC Good Medical Practice Guide</li></ul>
2-3 weeks to go	Review your performance under timed conditions and refine your practice.	<ul style="list-style-type: none"><li>○ Sit the timed <b>Practice Tests</b></li><li>○ Review incorrect answers - use the 'explain answer' button to display the answer rationales</li></ul>
1 week to go	Find out what to expect on Test Day	<ul style="list-style-type: none"><li>○ Look at the Test Day information</li><li>○ Read the <b>Test Rules</b></li></ul>

The preparation resources on the UCAT website are the most realistic resources by far so you should use them as much as possible. I also modelled my revision around past candidates' methods and timetables.

# July

The important thing is to realise that your score will only be affected by your natural ability and your preparation; by the day of the test, there is really nothing more you can do apart from staying composed and focused and letting your preparation do the work for you.

## Test Day Checklist

- ☐ Bring correct ID
- ☐ Arrive at your test centre in plenty of time
- ☐ Report any problems immediately

M	T	W	T	F	S	S
	1	2	3	4	5	6
7 Testing starts	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## Notes:

You may wish to record tips, resources or reminders here:

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# August

When you're faced with a 2 hour exam, and a lot of questions, it can seem daunting. But don't stress yourself out - I found it useful to focus on one section at a time, refine and perfect it, then move on.

## Test Day Checklist

- ☐ Bring correct ID
- ☐ Arrive at your test centre in plenty of time
- ☐ Report any problems immediately

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## Notes:

You may wish to record tips, resources or reminders here:

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# September

We will deliver your UCAT result to your UK universities in early November.

## Test Day Checklist

- Bring correct ID
- Arrive at your test centre in plenty of time
- Report any problems immediately

My final tip is: on that test day, make sure everything's prepared and that you get enough sleep. Even getting to this point is crazy: I hope you all do amazing!

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	<b>16</b> Access Arrangement application deadline	17	18	<b>19</b> Booking deadline  UCAT account creation closes	20	21
22	23	24	25	<b>26</b> Last test day  Bursary Scheme application deadline	27	28
29	30					

The **UCAS Deadline** for medicine and dentistry is **15<sup>th</sup> October 2025**.

Universities use UCAT results in different ways in selection. Check how universities use your UCAT result to make informed choices about which courses to apply to.

# More support

For more  
information and  
resources, go to  
our website:  
[ucat.ac.uk](https://ucat.ac.uk)



Follow us on Instagram for  
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deadline reminders, tips and  
practice questions.  
[@UCATofficial](https://www.instagram.com/UCATofficial)